

# The Lion's Roar

### Community Newsletter: Week Of March 17th



#McAvinnuePride

#### MCAVINNUE'S PRINCIPAL'S MESSAGE

Hello McAvinnue Community!

Perfect timing...Spring will officially begin on Thursday, March 20th...and McAvinnue will enjoy the much needed consistent warmer temperatures in the upcoming weeks. If things are like this weekend, we are in for a treat!



It has been so great that our students have been having a chance to

get outside for recess and Physical Education classes...what a nice sound to hear the laughter and excitement of our students while they worked up a sweat!

Reminder...It will be McAvinnue's "Green Day" on Monday, March 17th! Wear green to school on Monday to show your school spirit to help celebrate St. Patrick's Day! You can even wear your favorite St. Patrick's Day gear on this day and have some fun with this Spirit Day!

Another reminder...Please plan to join us for McAvinnue's "Math Festival" on **Thursday, March 20th at 5:30 PM - 7:00 PM** in the gymnasium! We have partnered with the Acera School in Winchester once again to plan this amazing event. You may remember that they also helped with our highly successful "STEM Family Night" back in January!

We will have many hands-on math games and activities for families to engage in. Many of the challenges will be to help our school mascot, Leo The Lion, along in many of the math challenges! There will even be a special appearance by Leo The Lion at this exciting event! To make things easier for everyone, we will provide a dinner option for families!

There is no need to sign up in advance, All you need to do is come to this event prepared to have a ton of mathematical fun! We hope to see everyone on Thursday, march 20th at 5:30 PM!

We will be distributing student report cards for our PreK - Grade 4 students on Friday, March 21st. Be on the lookout for your child's report card in an envelopment in their purple communication folder. Reach out to your child's teacher if you have any questions!

Finally, we are gearing up for the MCAS administration that will start the first week of April. This is the annual testing that occurs for our Grades 3 and 4 students. We will begin to prepare for ELA MCAS tesing with the creation of small testing groups as well as ensure that our students have the appropriate testing accommodations so they can do their very best! As always, we appreciate your support with having students in school on their scheduled testing days! More details to come...stay tuned!

We are looking forward to another successful week at the "best school that we all know"!

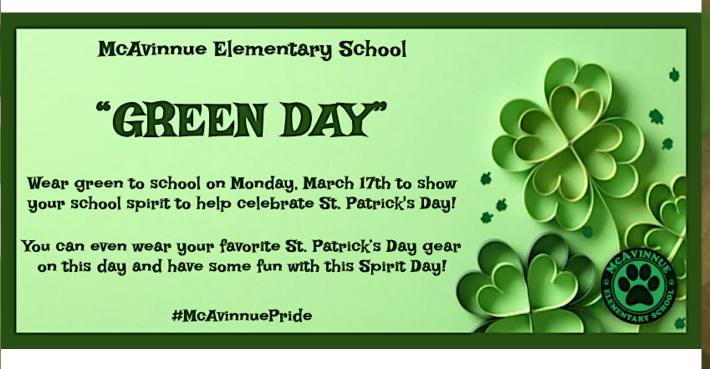
If you have any questions, please don't hesitate to reach directly.

Here are a few items that you need to be aware of. Please mark your calendars for the following events and activities at McAvinnue for the next few weeks:

- Monday, March 17th McAvinnue Reopens @ 9:10 AM
- <u>Monday, March 17th</u> ELA iReady Diagnostic #3 Begins
- Monday, March 17th McAvinnue's "Green Day"
- <u>Tuesday, March 18th</u> Grade 2 Field Trip: Metropolitan Waterworks Museum (Rooms 103 & 104)
- <u>Wednesday, March 19th</u> Grade 2 Field Trip: Metropolitan Waterworks Museum (Rooms 101 & 102)
- <u>Thursday, March 20th</u> First Official Day Of Spring
- <u>Thursday, March 20th</u> McAvinnue's "Math Family Festival" @ 5:30 PM 7:00 PM
- <u>Friday, March 21th</u> Popcorn Fundraiser Sale: Grades 3 & 4 (During Lunch In The Cafeteria)
- Friday, March 21th Report Card Distribution: PreK Grade 4

If you have any questions, please don't hesitate to contact the Main Office at McAvinnue or send Mr. Domina a message a <u>mdomina@lowell.k12.ma.us</u>.

### McAvinnue's "Green Day"



Mark you calendars...It will be McAvinnue's "Green Day" on Monday, March 17th!

Wear green to school on Monday to show your school spirit to help celebrate St. Patrick's Day! You can even wear your favorite St. Patrick's Day gear on this day and have some fun with this Spirit Day!

### McAvinnue's Math Festival



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We will have many hands-on math games and activities for families to engage in. Many of the challenges will be to help our school mascot, Leo The Lion, along in many of the math challenges! There will even be a special appearance by Leo The Lion at this exciting event!

We will provide a dinner option for families!

There is no need to sign up in advance, All you need to do is come to this event prepared to have a ton of mathematical fun! We hope to see everyone on Thursday, march 20th at 5:30 PM!

### First Day Of Spring



### McAvinnue's Popcorn Fundraiser Friday!



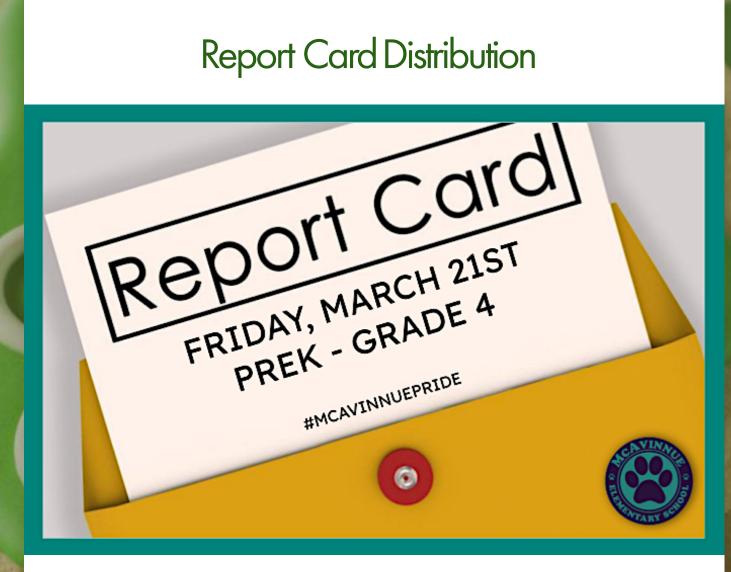
Mark your calendars! We will be trying something new to raise some additional funds for field trips and other student events. Using our new popcorn popping machine, we will be making fresh

popcorn and selling it to students for a modest price!

We will be selling popcorn on <u>Friday, March 21st</u> during lunch time. The cost for a bag of popcorn will be \$1. Students will be permitted to buy only 1 bag of popcorn. Each bag of popcorn that is purchased will need to be consumed in the cafeteria during the grade level lunch period.

The grade levels that will have a chance to purchase popcorn on Friday, March 7th will be the following: **Grade 3 & 4.** 

We raised approximately \$150 when we did this earlier in March! This was amazing..and we are hopeful to match or surpass this amount on Friday!



We will be distributing student report cards for our PreK - Grade 4 students on Friday, March 21st. Be on the lookout for your child's report card in an envelopment in their purple communication folder. Reach out to your child's teacher if you have any questions!

### McAvinnue's Week In Review



#### McAvinnue's "Artist of the Week"

McAvinnue's "Artist of the Week" is Alberto in Room 309! He did a wonderful job carving his design in the printing plate. He used excellent skills printing, and presenting his art! Well done!





#### **Kindergarten Letterland Parade**

The Kindergarten Team had a blast conducting a Letterland Parade throughout the school! Letterland is a phonics program that our students love and we are seeing amazing progress results!

Students picked a "Letterlander" and did their best to dress like the character that is associated with each letter! So fun creative fun!

### February Core Value All School Shoutouts

# **RESPECT - FEBRUARY 2025**





# **SAFETY - FEBRUARY 2025**



# **ATTENDANCE - FEBRUARY 2025**



#### Allergies? Asthma? Medications? - Please Let Nurse Danielle Know!

If your students have any medical concerns or diagnosis, please make sure Nurse Danielle is aware. Also, if they have any medical conditions, for example allergies or asthma, that require medications such as Epipens or inhalers here at school, please remember she needs updated paperwork and medication yearly. Please reach out as soon as possible to get her the necessary paperwork and to arrange drop off of new medications. Nurse Danielle's email address is <u>dralls@lowell.k12.ma.us</u> and she can also be reached by calling (978) 937-2871 ex. 47858. Our fax number is (978) 937-2880.

# School NURSE

## Drop-Off & Pick-Up Logistics

#### Drop-Off Logistics

- Arrival begins at 9:10 AM each day. The late bell rings at 9:25 AM.
- Please pull up to the 4th Avenue side of the building when dropping off your child.
- As you approach the 4th Avenue sidewalk, a faculty member will greet and support getting your child safely out of the vehicle.
- This area is a drop off area ONLY. You will not be permitted to park in this location.
- Please be sure to drive all the way down to the end of the sidewalk so we can fit as many vehicles in this location as possible.
- Ensure your child is ready to go and do not get out of the car so we can keep traffic moving.
- Students accessing our CSA program will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway.
- Large bus students will enter using the back door located in the rear of the school building.
- Small bus and van transportation students will use the 4th Avenue door near the rear of the school building by the exit driveway.

#### Morning Lining Up Locations

- Grade 1, 3, and 4 students will use the Main Door to enter the school building.
- Grade 2 will use the 4th Avenue doorway near the front of the school to enter the building.
- PreK & Kindergarten will use the Early Childhood door to enter the building. This door is located to the right of McAvinnue's Reading Garden and to the left of the Main Door.

#### Pick-Up Logistics

- Grade 1 will be dismissed out the Main Door.
- Grades 2, 3, and 4 will be dismissed out the 4th Avenue door near the front of the school.
- Kindergarten students will be dismissed out the Early Childhood door. This door is located to the right of McAvinnue's Reading Garden and to the left of the Main Door.
- Students accessing our CSA program will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway.
- PreK students will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway. Please contact Ms. Annie for the specific dismissal time.



### **Bus Transportation Information**

School bus transportation is provided to students in grades K-4, who live greater than .75 mile from their residence or alternate address to their assigned school. Middle school students (grades 5-8) must live greater than 1.5 miles from their residence or alternate address to their assigned school.



mmddyyyy

08312009

Kindergarten through 4th grade students will receive a printed bus pass via postal mail. These passes were mailed out on August 23rd. You can also look up your student's bus pass information by using their Student ID for the username and date of birth for the password at the link below. This is the same information that students use to log in to their Chromebooks for school.

Please note that Kindergarten and 1st grader students must have an older sibling (4th grade or older) or parent present at the bus stop in the afternoon in order to depart from the school bus. If a parent or older sibling is not present, the student will be brought to the Moody School, located at 158 Rogers Street. A driver's license or valid identification must be presented to the staff in order to dismiss the student.

You can use the LPSD "Bus Lookup Tool" using the link below. You will need to use you child's LASID or lunch number along with their birthdate to access this helpful system.

There also is a helpful video that you can watch that will walk you through the process.

### Click Here For The LPSD "Bus Lookup Tool"

You will need to have your child's LASID or lunch number to access the most up to date bus information for your child. Please keep in mind that this number is also used to log into your child's borrowed device.

Bus Pass Lookup Tutorial N. Andrew Street Co., Mr. Str.



Is Your Bus On Time?

The Lowell Public Schools Transportation Department has added a live spreadsheet to its webpage that indicates in the AM or PM if a school bus (grades K-8) is running late and by how long.

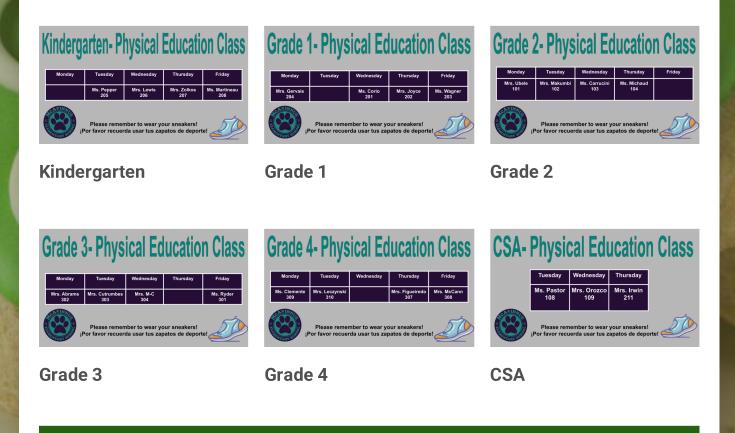
Check it out today: <u>https://www.lowell.k12.ma.us/Page/5990</u>



### Physical Education Class Information With Ms. Rindo

Here is information regarding when each grade level and homeroom has weekly Physical Education Class with Ms. Rindo.

Please ensure that your child wears sneakers on their assigned day in the gymnasium so that can fully participate.

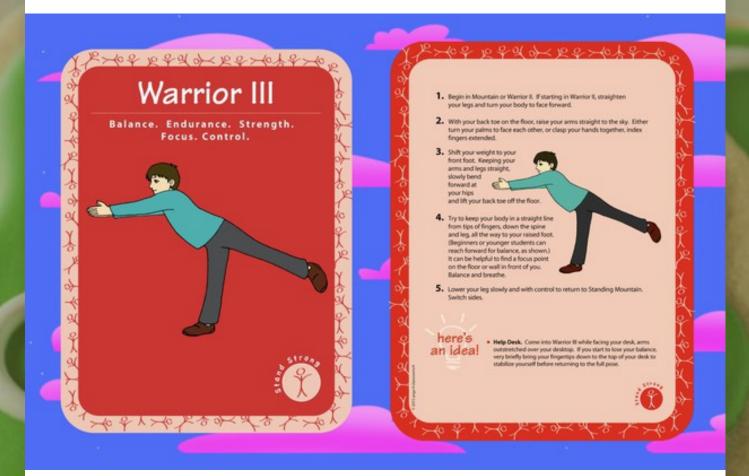


McAvinnue's Yoga Pose Of The Week: "Warrior III" Continued...

Due to limited time, this past week, we will continue to practice the "Warrior III" this upcoming week! This new pose will allow us to work on our balance and endurance through movements that build strength, improve our focus, and enhance body control. We will practice the "Warrior III" pose daily during our "Virtual" Morning Announcements during this up and coming week on Monday, Wednesday, and Friday.



You can get an early head start and practice this technique before we launch into another exciting week!



### **Upcoming Events**



Here are important dates to remember during the month of March:

- Monday, March 17th McAvinnue Reopens @ 9:10 AM
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- Monday, March 17th McAvinnue's "Green Day"
- <u>Tuesday, March 18th</u> Grade 2 Field Trip: Metropolitan Waterworks Museum (Rooms 103 & 104)
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- Friday, March 21th Report Card Distribution: PreK Grade 4
- <u>Tuesday, March 25th</u> Grade 4 Field Trip: Lowell Tsongas Industrial History Center
- Thursday, March 27th McAvinnue's "Walk-A-Thon" Fundraiser Event
- <u>Monday, March 31st</u> McAvinnue's "Lions Pride" Core Value All School Celebration: March Edition

### ST Math Weekly Progress!

As we march through the month of March, the momentum of magnificent puzzle play continues to build! Students are tackling challenges, reaching new ST Math milestones, and showing incredible perseverance. Keep up the amazing work—every puzzle solved brings us one step closer to our goals! Let's keep the energy high and the learning strong!



McAvinnue's Puzzle Count Progress:

Students have solved an impressive number of puzzles- over 648,240!

#### The Math Journey:

McAvinnue's Puzzle Goal Progress is 68%.

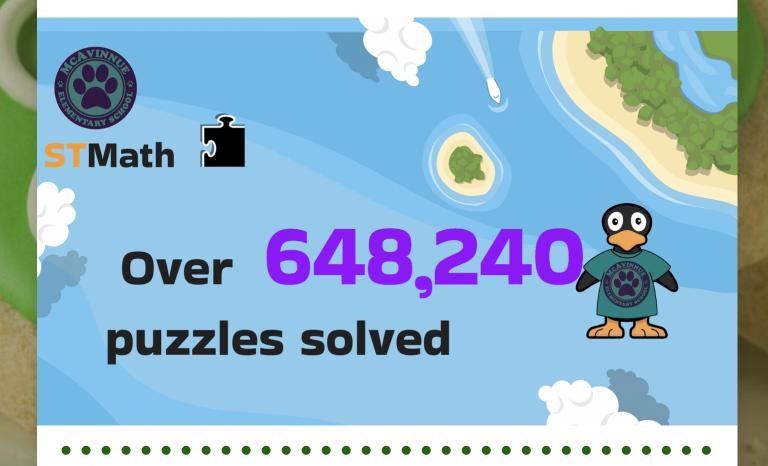
We are ready for: **Swish & Solve: The ST Math March Mathness Showdown**! On Monday, base percentages will be posted at classrooms. Be on the lookout for challenge details throughout the week.

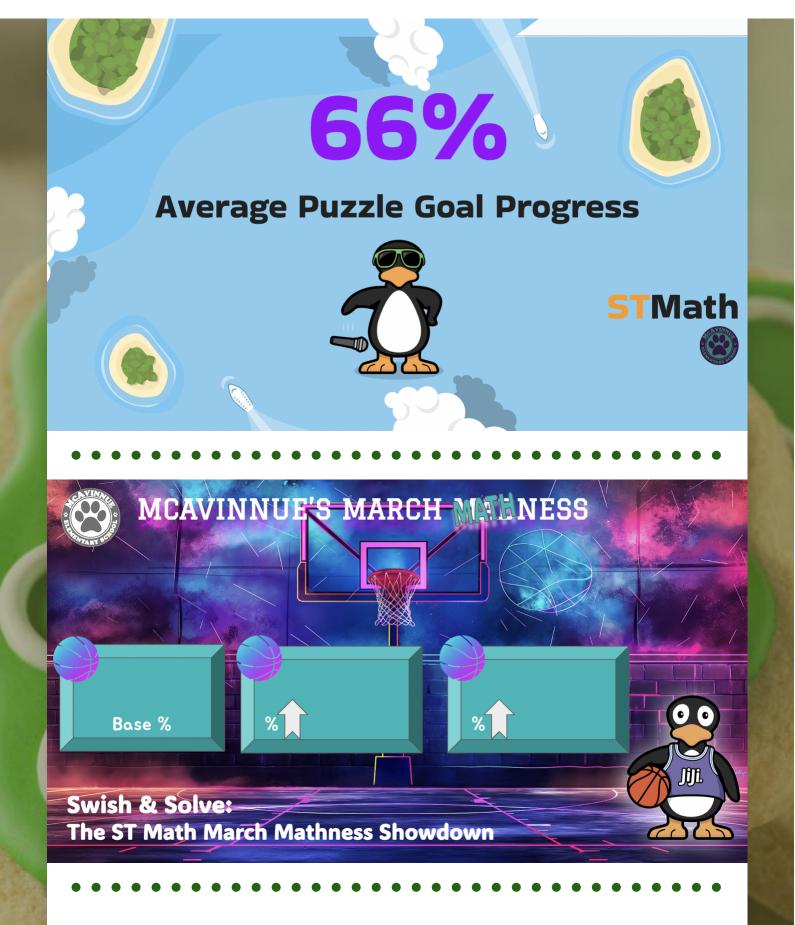
JiJi Day will be celebrated on April 11th.

Waddle You Do to Celebrate JiJi Day this Year? It's our favorite penguin's birthday and there are two amazing events going on that day! Here are some details from our friends at ST Math:

- A virtual April Student Champion Hour from 1 PM 2 PM where students will solve problems to get ready for JiJi's party. This is an interactive zoom and teachers and students will be asked to collaborate as a class on an ST Math puzzle and related word problem. All classrooms are welcome to attend! <u>Registration can be found HERE</u>.
- **MA to 2 Million!** We're going to try to solve two million puzzles collectively as a network! All puzzles solved between 8AM-5PM (EST) will count! so, set aside some ST Math time that Friday and students can work towards their individual goal of 12-20 puzzles!

On April 11th, go to www.stmath.com/massachusetts to track community progress!







### ST Math Champions!





Josephine Room 205



Jacobo Room 201



Kayden Room 202



## McAvinnue's ST Math Progress Champions





Cristle Room 204



Hunter Room 304



Jacob Room 308







Julien Room 204



Leah Room 204



Maddox Room 302



Skyla Room 101

### 2024-2025 School Year Calendar

#### Superintendent of Schools-Lowell Public Schools- Lowell, MA 2024-2025 School Year Calendar

Monday, August 26, 2024	Staff Return to School – Staff Orientation Day		
Tuesday, August 27, 2024	First Day of School - Grades 1-12		
Friday, August 30, 2024	No School Labor Day Recess		
Monday, September 2, 2024 📍	No School – Labor Day		
Tuesday, September 3, 2024	No School - State Primary Elections		
Wednesday, September 4, 2024	First Day of School – Pre-Kindergarten & Kindergarten		
Wednesday, October 9, 2024	Wednesday - Early Release for grades PreK-12		
Monday, October 14, 2024 *	No School – Indigenous Peoples' Day		
Tuesday, November 5, 2024	No School for Students -Election Day -Professional Day for Staff		
Monday, November 11, 2024 *	No School - Veterans' Day Observed		
Wednesday, November 27, 2024	Early Dismissal – Thanksgiving Recess		
Thursday, November 28, 2024 *	No School - Thanksgiving Day		
Friday, November 29, 2024 *	No School – Thanksgiving Recess		
Monday, December 2, 2024	Schools Re-Open		
Wednesday, December 4, 2024	Wednesday - Early Release for grades PreK-12		
Friday, December 20, 2024	Winter Vacation Begins at the Close of Day		
Tuesday, December 24, 2024*	Christmas Eve		
Wednesday, December 25, 2024	Christmas Day		
Tuesday, December 31, 2024 *	New Year's Eve		
Wednesday, January 1, 2025 *	New Year's Day		
Thursday, January 2, 2025	Schools Re-Open		
Wednesday, January 8, 2025	Wednesday - Early Release for grades PreK-12		
Monday, January 20, 2025 *	No School – Martin Luther King, Jr. Day		
Wednesday, February 5, 2025	Wednesday - Early Release for grades PreK-12		
Friday, February 14, 2025	Mid-Winter Vacation Begins at the Close of School		
Monday, February 17, 2025 *	President's Day [Mid-Winter Vacation: Monday, February 17 – Friday, February 21, 2025]		
Monday, February 24, 2025	Monday – Schools Re-Open		
Wednesday, March 5, 2025	Wednesday - Early Release for grades PreK-12		
Thursday, April 17, 2025	Spring Vacation Begins at the Close of School		
Friday, April 18, 2025 *	No School – Good Friday		
Monday, April 21, 2025 *	Patriot's Day – [Spring Break: Monday, April 21– Friday, April 25, 2025]		
Monday, April 28, 2025	Schools Re-Open		
Wednesday, May 14, 2025	Wednesday - Early Release for grades PreK-12		
Monday, May 26, 2025 *	No School – Memorial Day		
Friday, June 13, 2025	180th School Day - Early Release for grades PreK-12 on Last Day of School		
Thursday, June 19, 2025 *	Juneteenth		
Monday, June 23, 2025	185 <sup>th</sup> School Day [Includes five (5) Snow Days]		





2024-2025 LPSD Calendar.pdf

Download 236.8 KB

### McAvinnue's Morning Announcements

\* Central Administration, Family Resource Center will be closed in observance of a holiday

McAvinnue's "Morning Announcements" are back once again for the 2024-2025 academic school year! We are excited to bring these back starting on Monday, September 16th!

Like we had successfully done during previous school years, a new edition of McAvinnue's "Virtual" Morning Announcements will be presented to our students on Monday, Wednesday, and Friday each

week. We will continue to use Tuesday and Thursday each week to be used for "Open Circle"....our Social Emotional Learning (SEL) program that focuses on community building, prosocial decision making, and appropriate responses to daily stressors both within the school and home settings.



This will continue to be a great way to bring our school together each day focusing on the same message to get the energy, commitment, and engage up before we launch into another great day at "the best school we all know".

#### McAvinnue's Morning Announcements will occur on Monday, Wednesday, and Friday each week.

You can check out current and past editions of McAvinnue's Morning Announcements on our YouTube channel using the link below.

#### https://www.youtube.com/channel/UC7hxiBuRjqjqfASI\_RLMleQ

You can check out the latest edition of McAvinnue's Morning Announcements below for last school year!

#### McAvinnue's Morning Announcements 3.14.2025



### Parent & Family Resources

#### PreK & Kindergarten Registration 2025-2026

Preschool and Kindergarten Registration for the 2025-2026 academic school year opens February 3rd.

For all the info you need about registration visit: www.lowell.k12.ma.us/registration

You can also check out the flyer below for all of the details.



2025-2026 PRESCHOOL/KINDERGARTEN REGISTRATION OPENS ON:

### FEBRUARY 3, 2025

### Lottery dates:

Round 1 - Register for Pre-K and K on or before April 4th to be eligible for the first round of the lottery on May 2nd.
Round 2 - Register for K on or before May 16th to be eligible for the 2nd K lottery on June 13th
Round 3 - Register for K on or before June 27th to be eligible for the 3rd K lottery on July 18th

Families may register online at:

#### <u>lowell.k12.ma.us</u>

OR in person at the FRC:

#### 151 Merrimack St.

For more information, please visit: <u>lowell.k12.ma.us/Domain/84</u>

#### CURRENT PRE-K FAMILIES:

If your child <u>currently attends</u> preschool, you are <u>still</u> <u>required to enroll for Kindergarten</u>.



ADS-SPOAS PRIC HARDING DE NASANCIA/ADACHA DE N



#### Should I Send My Child To School?

Please see the chart below that will help you decide whether you should send your child to school.

If you have any questions or are not sure whether you should send your child to school, please reach out to the school and ask to speak with Nurse Danielle.





#### SHOULD I SEND MY CHILD TO SCHOOL?

	STAY HOME FOR	Students May Return after		
C	Fever: temperature of 100.4°F or greater	Fever-free for 24 hours without taking fever- reducing medicine like Tylenol or Motrin		
R	Vomiting or Diarrhea	Symptom-free for 24 hours		
	Skin Rash	Condition has been diagnosed by a doctor, and treatment started if indicated, and doctor's note received by nurse		
	Red eyes with eye drainage: yellow or brown drainage from the eyes, crusting at eyelashes	<b>Condition has been diagnosed by a doctor</b> , and treatment started if indicated, with a doctor's note (24 hours on antibiotics if conjunctivitis)		
7	Live Head Lice	Medicated Lice Shampoo Treatment has been completed, and no live lice are found		
	A contagious illness like chickenpox, or strep throat	A doctor or public health official says it is safe to return and/ or the child has been on antibiotics for 24 hours.		
	Student's immunizations are not up-to-date and an <b>exclusion notice</b> has been given	Required vaccines have been received		



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OK FOR SCHOOL! • Chronic Diseases (Controlled Asthma, Diabetes, Sickle Cell, Epilepsy) Mild Cold Symptoms – Stuffy nose/ runny nose, sneezing, mild cough, no fever • Menstrual Issues – cramps • Someone at home is sick, stressed, or hospitalized





#### ¿DEBERIA LLEVAR A MI HIJO A LA ESCUELA?

	Estar en casa para	Los estudiantes podrán regresar después de
IÇ,	Fiebre: temperatura de 38 °C o mas alta	Sin fiebre durante 24 horas, sin haber tomado medicamentos reductores de fiebre como Tylenol o Motrin.
P	Vómitos o diarrea	Sin sintomas durante 24 horas
	Erupción cutánea	Un medico ha diagnosticado la afección y se ha iniciado el tratamiento si es necesario, y la enfermera ha recibido una nota del médico
	Ojos rojos con secreción ocular: secreción amarilla o marrón de los ojos y formación de costras en las pestañas	Un medico ha diagnosticado y comenzado el tratamiento si es necessario, con nota médica (24 horas de antibióticos si es conjuntivitis)
A	Piojos vivos	El tratamiento con champu medicado contra piojos se ha completado y no se encontraron piojos vivos
	Una enfermedad contagiosa, como la varicela o la faringitis estreptocócica.	Un médico o un funcionario de salud pública ha indicado que es seguro regresar, y/o el niño ha estado tomando antibióticos durante 24 horas.
	Las vacunas del estudiante no están actualizadas y se ha emitido un aviso de exclusión	Se han recibido las vacunas necesarias



- Por Favor, Mande a su hijo/a a la escuela si... Enfermedades crónicas (asma controlada, diabetes, anemia de células falciformes, epilepsia) Síntomas de resfriado leve: Nariz congestinada, Nariz goteando, estornudos, tos leve, sin fiebre. Problemas menstruales: calambres Alguien en casa está enfermo, estresado o hospitalizado





#### DEVO MANDAR MEU FILHO PARA A ESCOLA?

	FIQUE EM CASA POR	Os estudantes podem voltar após		
C	Febre: temperatura de 38 °C ou acima	Sem febre por 24 horas, sem o uso de medicamentos para reduzir a febre, como Tylenol ou Motrin		
P	Vômito ou diarreia	Sem sintomas por 24 horas		
	Erupção cutânea	A condição for diagnosticada por um médico, e o tratamento for iniciado, se indicado, e o atestado médico foi recibido pela enfermeira.		
	Olhos vermelhos com secreção ocular: secreção amarela ou marrom dos olhos e formação de crostas nos cílios.	Condição diagnosticada por um médico, o tratamento iniciado, se indicado, o atestado médico (24 horas de antibióticos para conjuntivite).		
8	Piolhos vivos	O tratamento com shampoo terapêutico para piolhos concluido e nenhum piolho ativo for encontrado.		
	Uma doença contagiosa, como catapora ou faringite estreptocócica	Um médico ou funcionário de saúde pública afirmar que é seguro retornar e/ou a criança está tomando antibióticos há 24 horas.		
	As vacinações do estudante não estiverem atualizadas e um aviso de exclusão foi emitido.	As vacinas exigidas foram tomadas		
	<ul> <li>Por favor, envie seu filho(a) para a escola se</li> <li>Doenças Crónicas (Asma Controlada, Diabetes, Anemia Falciforme, Epilepsia)</li> <li>Sintomas Leves de Constipação – Nariz entupido/coriza, espirros, tosse leve, sem fe</li> <li>Dificuldades menstruais – dores</li> <li>Alguém em casa está doente, estressado ou hospitalizado</li> </ul>			

#### Mill City Grows: Mobile Farmers Market

A new year, a new Indoor Mobile Farmers Market season!

Our 2025 Winter/Spring Indoor Markets will run January 16th - April 10th on Wednesdays and Thursdays at <u>City of Lowell Senior Center</u> and <u>University Crossing at UMass Lowell</u>. Free parking is available at both locations.

All our Markets accept SNAP/EBT, HIP, Apple Pay, WellSense, S3/OTC Healthy Grocery Gift Card, cash, credit, debit, and Mill City Grows eGift Cards.

Get details at <u>MillCityGrows.org/mobile-markets</u> and shop all season long with Mill City Grows!



#### Student Handbook 2024-2025

The LPS Student Handbook is a great tool to use to fully understand the expectations of the role of our students as well as the partnership needed for our families to ensure that the school year is a great success.



You can access the district elementary student handbook by clicking the button below. You will find various policies and procedures focusing on attendance, grading, discipline, bus expectations, and more.

Please reach out directly if you have any questions.

### Click Here To Access The LPS 2024-2025 Student Handbook

McAvinnue's School Attendance Information

As you are aware, attending school is first step each in the learning process for our students. It is critical that our students arrive to school on time each day so that they can access all of the engaging and meaning lessons that have been planned by our teachers and related service providers.



The McAvinnue Attendnace Team will monitor student attendance on a weekly basis and will reach our directly to families when they notice frequent absences, a pattern of absences, or an increased number of consecutive absences within a short period of time.

Please refer to McAvinnue's Student Attendance Booket below that will provide additional information. This booket will be sent home with students in multiple languages. It is important that you review this information for your own awareness and to be fully prepared to support your child with the first step of the learning process...attending school on time.

The handbook is provided in three languages below.

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#### Portuguese

Portuguese

**Portuguese** 

#### Breakfast and Lunch Will Be Free for All LPS Students

As we reopen for the new school year, Lowell Public Schools Food and Nutrition are "Powering Potential" for students and faculty with innovations in our menus and enhancements to our overall dining operations. When your child dines with us, rest assured that we will be serving delicious, nutritious meals prepared with the utmost attention to safety. We encourage every student to fuel up with breakfast and lunch meals each day so they can be energized and prepared to succeed throughout the day, in and out of the classroom.



Please keep up to date on our program, nutrition education, monthly menus and back to school letters on the <u>LPS Food and Nutrition website</u>.

Any concerns please feel free to email <a href="mailto:foodservice@lowell.k12.ma.us">foodservice@lowell.k12.ma.us</a>



### March Breakfast & Lunch Menus



please contact toodservices@towell.k12.ma.us All Breakfast items are whole grain. Offered Daily: 1 % and Skim Mil and Fresh Fruit All Breakfast is provided free for all students. Menu i subject to change.

This institution is an equal opportunity provider

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	3 Pancake Sausage on a Stick Blueberry Pomegranate Granola Bake Served with Apples & Pears	4 French Toast Sticks Chocolate Chip Muffin Served with Oranges & Juice National	5 Tater Tot Breakfast Nachos Betty Crocker Bar Served with Strawberries & Ciementines School Breakfa	6 Mini Cinni Caramel Bagel Nature Valley Round Served with Fresh Fruit Cup & Juice	7 Nat'l Cereal Day Assorted Cereal Bowl Cinnamon Roll Served with Apples & Bananas
	10 Banana Breakfast Bread Assorted Cereal Bowls with Graham Cracker Served with Apples & Pears	11 Bacon, Egg & Cheese Wrap Blueberry Muffin Served with Oranges & Juice	12 Powdered Sugar Donut Asst. Cereal Bar Served with Apples & Clementines	13 Egg and Cheese English Muffin Blueberry Pomegranate Granola Bar Served with Fresh Fruit Cup & Juice	14 Mixed Berry Yogurt Parfa Bagel with Cream Cheese Served with Apples & Bananas
	17 Pancake Sausage on a Stick Assorted Cereal Bowl with Graham Cracker Served with Apples & Pears	18 Smoothie Day Breakfast Smoothie Chocolate Chip Muffin Served with Oranges & Juice	19 Mill City Sandwich Betty Crocker Bar Served with Strawberries & Clementines	20 Mini Cinni Caramel UBR Round Served with Fresh Fruit Cup & Juice	21 Egg and Cheese Wrap Bagel with Cream Cheese Served with Apples and Bananas
	24 Cinnamon Raisin Bagel Assorted Cereal Bowls with Graham Cracker Served with Apples & Pears	25 Sausage, Egg, Cheese Bagel Chocolate Chip Muffin Served with Oranges & Juice	26 Apple Frudel Asst. Cereal Bar Served with Apples & Clementines	27 Egg & Cheese English Muffin Oatmeal Raisin Round Served with Fresh Fruit Cup & Juice	28 Breakfast Smoothie Bagel with Cream Chees Served with Apples & Bananas
Viik u is	31 Maple Mini Waffle Assorted Cereal Bowls with Graham Cracker Served with Apples & Pears	1 Bacon, Egg & Cheese Bagel Sandwich Blueberry Muffin Served with Oranges &	2 Breakfast Smoothie Benefit Bar Served with Strawberries & Clementines	3 Sausage, Egg, and Cheese Wake up Wrap UBR Round Served with Fresh Fruit Cup & Litice	4 Cinnamon Roll Bagel with Cream Cheese Served with Apples and Bananas



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Philly Chicken Cheese Sub 3 Pizza Crunchers V	Lowell Grande Nachos Chipotle Chee sy Nachos V Crispy Chicken Sandwich	Early Release! Chicken Tenders with a Dinner Roll Veggie Nuggets with a Dinner Roll V	Waffles with Chicken Sausage 6 or Vegetarian Sausage V Loaded Baked Potato with a Dinner	Cheese Pizza V <b>7</b> Buffalo Chicken Pizza
Asian Chicken Salad with Flatbread V Tuna Salad Sandwich on a Bulkie Roll	Pretzel Platter V Turkey BLT Sub	Hamburger & Cheeseburgers Asian Chicken Salad with Flatbread V Tuna Salad Sandwich on a Bulkie Roll	Roll	Asian Chicken Salad with Flatbread V Tuna Salad Sandwich on a Bulkie Roll
Green Beans & Side Salad LG Applesauce & Pears	Kickin Beans & Com Clementines & Apples	Cucumbers & Carrots LG Bananas & Berry Cup	Roasted Veggies & Green Beans Fresh Fruit Cup & Pears	Red Pepper Strips & Side Salad LG Apples & Bananas
Country Chicken Bowl 10 with a Corn Muffin	Buffalo Chicken Dip with Tortilla Chips 11	Laurie's American Chop Suey12 Chicken Gyro with Tzatziki Falafel Gyro with Tzatziki V	LTO: Cajun Biscuits and Gravy Crispy Chicken Sandwich	Cheese Pizza V 14 Big Mac Pizza
Country Bowl with Vegetarian Nuggets V Ornelette with a Bagel Ham Chef Salad with Flatbread	Hamburger & Cheeseburger Black Be an Burger V Bagel Power Pack V Moroccan Harissa Wrap	Ham Chef Salad with Flatbread Italian Sub	Veggie Nuggets with a Dinner Roll V Bagel Power Pack V Moroccan Harissa Wrap	Ham Chef Salad with Flatbread Italian Sub
Italian Sub Roasted Potatoes & Carrots LG Apples & Pears	Kickin Beans & Fiesta Com Clementines & Apples	Cucumber & Carrots LG Bananas & Berry Cups	Green Beans & Carrots LG Pears & Fresh Fruit Cup	Red Pepper Strips & Side Salad LG Apples & Bananas
Deluxe Chicken Sandwich with 7 Honey Bee Sauce Hol Pretzel Dippers V Chicken Caesar Salad with Flatbread LG Turkey and Cheese Sandwich	Arroz con Pollo <b>18</b> Chicken Nuggets with a Dinner Roll Vegetarian Nuggets with a Dinner Roll V HOTM: Charcuterie Platter V LG Ham and Cheese Sub	Lok Lak <b>19</b> Pizza Crunchers V Chicken Caesar Salad & Flatbread L C Turkey and Cheese Sandwich	Chili Garlic Popcorn Chicken20 with Lo Mein Hamburger & Cheeseburgers Black Bean Burger V HOTM: Charcuterie Platter V LG Ham and Cheese Sub	Cheese Pizza V Hawaiian Pizza Chicken Caesar Salad with Flatbread L.G Turkey and Cheese Sandwich
Pickled Cucumbers & Waffle Fries Applesauce & Pears	Street Corn Salad & Carrots LG Apples & Clementines	Roasted Chickpe as & Carrots LG Berry Cup & Banan as	Celery Sticks & Side Salad LG Apples & Bananas	Red Pepper Strips & Side Salad LG Apples & Bananas
French Toast Sticks with Chicken Sausage 24 Or Vegetarian Sausage V Hamburgers & Cheeseburgers	Beef Taco 25 Kickin Bean Taco V Crispy Chicken Sandwich	Spicy Chicken Pepperoni 26 Pasta Bake Cheese Quesadilla V	General Tso's 27 Popcorn Chicken With Fried Rice Chicken Tenders with a Dinner Roll Veggie Nuggets with a Dinner Roll V	Cheese Pizza V 28 Pepperoni Pizza Greek Salad with Flatbread LG
Greek Salad with Flatbread LG Chicken Salad Sandwich on a Bulky Roll	Yogurt Dip Platter V Greek Chicken Wrap	Greek Salad with Flatbread LG Chicken Salad Sandwich on a Bulky	Yogurt Dip Platter V Greek Chicken Wrap	Chicken Salad With Platoread LG Chicken Salad Sandwich on a Bulky Roll
Tater Tots & Roasted Butternut Squash Clementines & Apples	Chickpe a Salad & Fiesta Corn Oranges & Apples	Roll Cucumbers & Carrots LG Bananas & Berry Cup	Green Beans & Carrots LG Pears & Fresh Fruit Cup	Red Pepper Strips & Side Salad LG Apples & Bananas
Chicken and Vegetable 31 Dumplings with Veggies	Chicken Fajitas with a Tortilla 1 Black Bean Taco V	Shepherd's Pie with Dinner Roll Bosco Cheese Sticks with Marinara Sauce V	Wally's Boomin' Nachos 3 Wally's Boomin' Bean Nachos V	Cheese Pizza V 4 BBQ Chicken Pizza
Edamame Dumplings with Veggies V Chicken Parm Sub Kale Chicken Caesar Salad LG Ham and Cheese Sandwich	Hamburgers & Cheeseburgers Pizza Platter Chicken Caesar Wrap LG	Kale Chicken Caesar Salad LG Ham and Cheese Sandwich	Fish and Chips with Coleslaw and A Dinner Roll Pizza Platter Chicken Caesar Wrap LG	Kale Chicken Caesar Salad with Flatbread LG Ham & Cheese Sandwich
Broccoli & Carrots LG Applesauce & Pears	Roasted Chickpeas & Cucumbers Clementines & Apples	Corn & Carrots LG Bananas & Berry Cup	Green Beans & Carrots LG Pears & Fresh Fruit Cup	Red Pepper Strips & Side Salad LG Apples & Banana s ; color, national origin, sex, age, or disability. To



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411.9 KB



#### Elementary Lunch Menu - March.pdf

#### McAvinnue Spirit Gear By Prep Sportswear

We have an online store if you wish to order any McAvinnue gear! It is open 24 hours per day and there is no due date for orders. Anytime you want to order...on any day!

The company is Prep Sportswear and has been reliable with solid product quality from reputable brands.

<u>There is a 30% off deal occuring now on all items! This is a major</u> <u>discount if you are interested in purchasing McAvinnue</u> <u>merchandise.</u>



Like during previous school years, we are also exploring additional local options to purchase McAvinnue gear. Stay tuned for more information in the month of September.

To access our current online store for McAvinnue spirit gear, please click the link below.

#### **Click To Access Prep Sportswear Spirit Gear**

#### **General Information**

How can I update my contact information (phone number/email/address)?

 Go online to the Family Resource Webpage (<u>https://www.lowell.k12.ma.us/UpdateContactInfo</u>) and fill out the "contact us" form. Families who don't have access to the internet can fill out the form in person at the Family Resource



Center. If an address change is related to economic factors or housing instability (family

moves in with relatives, eviction, hotel/motel, fire or unsheltered, please contact the McKinney Vento Office located at the Family Resource Center in person (151 Merrimack Street), by phone (978-674-4321) or go to the webpage at <a href="https://www.lowell.k12.ma.us/HomelessAssistance">https://www.lowell.k12.ma.us/HomelessAssistance</a>.

#### How do I update my emergency contacts?

• If you were in the school last year we will send a verification sheet out. if you are new we will send home an emergency form to fill out on the first day of school.

#### How do I register my child for the new school year?

• All school registrations are completed online using a computer or laptop. You can access the online application by going to <a href="https://www.lowell.k12.ma.us/SchoolRegistration">https://www.lowell.k12.ma.us/SchoolRegistration</a>. If you only have a mobile device and don't have access to a computer or laptop, you can register in person at the Family Resource Center (151 Merrimack Street). Please call the Family Resource Center if you have any questions (978-674-4321).

#### What should I do if I need to register my child(ren) and I don't speak English?

The Lowell Public Schools is committed to providing translation and interpretation services for families who require assistance in a language other than English. The online registration application and website is translated in Spanish and Portuguese and can be accessed by going to <a href="https://www.lowell.k12.ma.us/SchoolRegistration">https://www.lowell.k12.ma.us/SchoolRegistration</a>. For all other languages, please call Vannak Khin at (978) 328-6782 to arrange services. In-person language interpretation support for registration can be accessed by visiting the Lowell Public Schools at 151 Merrimack Street. Families can also call the Family Resource Center at (978) 674-4321 to make an appointment with a Bilingual Family Liaison.

#### How old does my child need to be to enroll in preschool or kindergarten?

 A child must turn 4 years old on or before September 1, 2023, in order to apply for preschool and 5 by September 1 to apply for kindergarten. A family can apply for preschool by going to <u>https://www.lowell.k12.ma.us/PreschoolRegistration</u> to fill out an online application or <u>https://www.lowell.k12.ma.us/KindergartenRegistration</u> for kindergarten. For registration questions, please call (978) 674-4321.

#### How do I apply for a transfer for my child to change schools in the new year?

- Per the 2023-2024 School Assignment Policy, all students have the option to request one school transfer per year.
- Families can apply online at <u>https://www.lowell.k12.ma.us/SchoolTransfer</u> or can come to the Family Resource Center in-person to complete the application. Transfers are assigned on a space availability basis.

### Community Connections & Opportunities



#### Softball & Baseball Spring Recreation League

With Spring being right around the corner, it's that time of the year again to begin signing up for some Spring Sport options for your child.

Check out the information below for baseball and softball recreation leagues in Lowell. Visit <u>www.lybsl.org</u> or see flyer for more details!



#### **Girls Lacrosse Registration Now Open!**

Registration is now open for Girls Lacrosse for Spring 2025 for girls in grades K-8 (new K program this year!).

To register: www.lowellgirlslacrosse.com

The season will run from the middle of February to June!

### LGL Registration is OPEN for Spring 2025!

LGL Littles (new Kindergarten program for 2025)

Grades 1/2 Grades 3/4 Grades 5/6 Grades 7/8

Season runs mid-February through beginning of June

#### Register online @ lowellgirlslacrosse.com Learn more about our programs on LGL's Teams and FAQs pages!

Questions, please email lowellgirlsyouthlacrosse@gmail.com

#### Lowell Youth Boys Lacrosse Registration Now Open!

Lowell Youth Lacrosse Spring 2025 registration is now open for boys in grades 1-8. To register: <u>https://lowellyouthlax.com</u>

Practice session begin in March with game play occuring on Sundays.

Financial aid is available if needed.



#### **Cub Scout Pack 7 Information**

Cub Scout Pack 7 is looking for new cubs to join their pack! Tons of fun and learning experiences for all kids in Kindergarten through Grade 5. For more information, visit <u>www.pack7lowell.com</u>

Pack 7 meets at St. Rita's Church directly across from McAvinnue!





#### **Be A Girl Scout**

Interested in joining the Girl Scouts Of America? Check out the information below for an event on Tuesday, September 17th at 6:00 PM - 7:00 PM at the Pollard Library in Lowell.

To sign up for Girl Scouts of Eastern Massachusetts, please use the link below.



gsema.org/jion



#### **Fall Playgroup Opportunities**

The Lowell Public Schools' Coordinated Family and Community Engagement Program holds weekly playgroups for children under 5-years-old and their families.

You can access the registration form below.

### **Click Here To Register**



#### **Community Resources & Daycare Options for Families**

Looking for before or after school daycare options for your child? Here is a short list of options and information for your consideration.

Here is a list of daycare options in Lowell:

- Community Team Work (CTI): (978) 454-5100
  - Families who are already enrolled in a CTI program...
    - Call or text school-age coordinators to request a slot
      - Billy 978-995-0028, wma@commteam.org
      - Karen 978-729-7216, <u>kshannon@commteam.org</u>
  - Families who are not enrolled in a CTI program
    - If you've filled out a CTI application in the past...
      - Contact Karen (978) 729-7216, <u>kshannon@commteam.org</u> to see if where you are on the waitlist (if there is a waitlist)
    - If you've never filled out a CTI application...
      - Fill out an application at 17 Kirk St., 126 Phoenix Ave
      - Or call the main CTI number (978) 454-5100 to request an email version of the application.
- YMCA: (978) 454-7825; 1 YMCA Dr in Lowell
  - Karen Espinola is the school-age director
    - Fill out a application online or at the YMCA to request a slot
  - Debbie Doben is the preschool director if your child is preschool age
- **Family Childcare**: Call programs to see if they have openings near you
  - Bethel Family Childcare (978) 458-6577
  - Clarendon Family Childcare (978) 454-3026
  - Child Development and Learning (CDE) (978) 275-2843
  - ACRE Family Childcare (978) 937-5899
  - CTI: See above contact information
- Girls Inc: (978) 458-6529, 220; Worthen St. in Lowell
  - Accept girls ages 5-14 years old
  - Accept Child Care Circuit vouchers, DCF vouchers, and private pay (income-based, sliding scale)

- Call Pam Lerocque (Director of Finance & Administration) to check on openings
- Boys and Girls Club: (978) 458-4526; 657 Middlesex St in Lowell
  - School-age openings for after-school
  - Teens who are working with the Department of Children and Families can call BGC or DCF to see if they're eligible



#### The Family Leadership Institute

The Family Leadership Institute provides families with the knowledge and skills to partner with schools and communities to ensure their children achieve their full potential.

Throughout the year, the FLI runs a variety of programs including: survival English classes, family college visits, mental health and financial literacy workshops, and more. For more information about the FLI visit: <u>https://www.lowell.k12.ma.us/Page/5263</u> or email FLI Director Zoe Dzineku at <u>zdzineku@lowell.k12.ma.us</u>.

#### **Local Food Support**

Do you need support with food options for your family. No need to worry...there are many local groups that can offer support for you during your time of need.



Click the link below for a list of local food pantries that are willing to help.

You can also reach out to Mrs. De La Luz, McAvinnue's Social Worker, for support navigating these and other options at <u>adelaluz@lowell.k12.ma.us</u>.



#### **Community Vaccination Information**

Click the link below to see a comprensive list of local vaccination options for your child.

Please keep in mind that certain vaccinations are required for students to participate in learning at all Lowell Public Schools.

If you have any questions regarding vaccination requirements, please contact Nurse Danielle at the school. She will be glad to

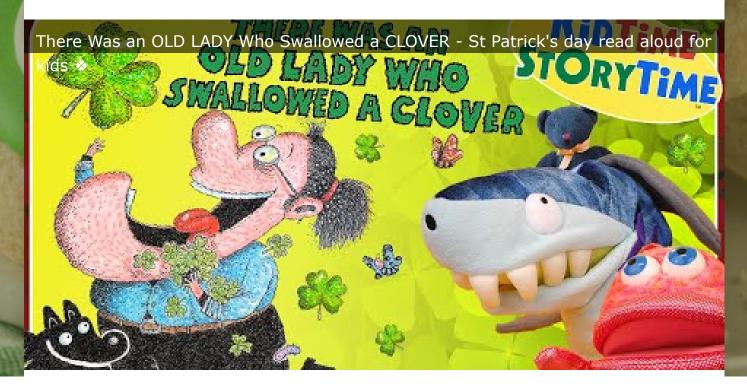
help you out and provide you with the information that you require or request.



Community vaccination sites.pdf

Download

### Family Read-A-Loud: "There Was An Old Lady Who Swallowed A Clover"





#### McAvinnue's School Website

Check out our school website where you can find a wealth of information including school news, calendars, and other events.

Please visit our website at: <u>https://www.lowell.k12.ma.us/mcavinnue</u>



#### Follow McAvinnue On Social Media

You can follow McAvinnue on social media at the following sites! We update things daily and this is a great way to stay in touch with all of the amazing things that are happening inside and out of "the best school we all know"!

Click the buttons below to access our social media sites!

Click To Access McAvinnue's Facebook Page

Click To Access McAvinnue's "X" (Twitter) Page

**Click To Access McAvinnue's Instagram Page** 

### Click To Access McAvinnue's YouTube Channel

#### **Our Vision**

McAvinnue Elementary School is a place...where there are <u>high expectations</u>, where students are <u>academically engaged</u>, where instruction is guided by a <u>systematic approach to examine data</u>, where there is a <u>multi-tiered system of support</u>, and where a responsive environment that fosters <u>social emotional connections</u> between faculty and students prevails.



#McAvinnuePride #BeTheDifference #NextLevel
Email: mdomina@lowell.k12.ma.us
Website: https://www.lowell.k12.ma.us/Domain/21
Location: 131 Mammoth Road, Lowell, MA, USA
Phone: (978) 937-2871
Facebook: facebook.com/McAvinnueElementarySchool/
Twitter: @McAvinnueLPS



